Hooking Up: Sex, Dating, And Relationships On Campus

Kathleen A. Bogle
Synopsis

Listen to her NPR Interview: The Sociology of "Hooking Up": Author Interview on Inside Higher Ed
Newsweek: Campus Sexperts
Hookup culture creates unfamiliar environment - to parents, at least

Hooking Up: What Educators Need to Know - An op-ed on CHE by the author
It happens every weekend: In a haze of hormones and alcohol, groups of male and female college students meet at a frat party, a bar, or hanging out in a dorm room, and then hook up for an evening of sex first, questions later. As casually as the sexual encounter begins, so it often ends with no strings attached; after all, it was a just a hook up. While a hook up might mean anything from kissing to oral sex to going all the way, the lack of commitment is paramount.

Hooking Up is an intimate look at how and why college students get together, what hooking up means to them, and why it has replaced dating on college campuses. In surprisingly frank interviews, students reveal the circumstances that have led to the rise of the booty call and the death of dinner-and-a-movie. Whether it is an expression of postfeminist independence or a form of youthful rebellion, hooking up has become the only game in town on many campuses. In Hooking Up, Kathleen A. Bogle argues that college life itself promotes casual relationships among students on campus. The book sheds light on everything from the differences in what young men and women want from a hook up to why freshmen girls are more likely to hook up than their upper-class sisters and the effects this period has on the sexual and romantic relationships of both men and women after college. Importantly, she shows us that the standards for young men and women are not as different as they used to be, as women talk about friends with benefits and one and done hook ups.

Breaking through many misconceptions about casual sex on college campuses, Hooking Up is the first book to understand the new sexual culture on its own terms, with vivid real-life stories of young men and women as they navigate the newest sexual revolution.

Book Information

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Customer Reviews

This book just validated my entire college experience! The interviews Bogle did with college men and women show the true disparity between the sexes when it comes to hooking up. I was always the girl "hoping it would lead to something" and always seemed to find the guy who was thinking the opposite. Bottom line, I laughed out loud at many of the interviews and how they tied in with my experiences, and those of my girlfriends, on campus. Also, now that I am a parent, I would strongly recommend this book to parents of first-time college students so they have a clue as to what's going on on campus and how to talk to their son or daughter about it.

From an extremely limited sample size (in race, class, sexual orientation, etc as identified by the author herself), flawed data retrieval (also author-identified), to large, sweeping assumptions, this book is not educational in any sense. I read it for a sociology class in college and it failed to provide accurate information about the subject. Please don't waste your time with this book.

I just finished reading Hooking Up. What impressed me the most is that the author let the people she interviewed tell their stories so that it was the college students and twenty-something’s themselves who reveal what hooking up is and how it affects them. I really appreciated that author was not judgmental and I bet that is why everyone who was interviewed seemed so forthcoming. I would highly recommend this book to anyone who is interested in learning more about what it's like to be a single man or woman today - including college students, young adults and their parents. I think women especially will find it eye opening.

Mothers should get this book and read it. It is about the sexual landscape our daughters are finding themselves in today. Then turn around and give it to your daughters! They WILL READ IT! And, this is the best part, you both will have an informative discussion that is safe for your daughter! It is the people in the book, who you talk about, but your daughter can safely share her views. Your daughter should read this book before going away to college, but any time is good. I highly recommend. I also gave it to several of my friends. If you have a daughter this book is a must!
This was a purchase by my daughter who needed it for a Sociology class in college. They had to read this book, write a review and discuss in class. Not exactly what a student who is majoring in Computer Science and minoring in Math typically does in a class but she said the book was "interesting in the way it talks about the history of dating in the early days to the present dating".

I wrote a paper on this topic for Human Sexuality class in 2003. I got an A. :) I found this book to be a boring and inaccurate account. Some quotes from students were amusing but in general the author did a very poor job of tackling a straight-forward topic. If she hadn't claimed to be enrolled in college in the early 1990's, I would have guessed that she is a baby boomer as her opinions and data collection methods were very prejudicial preventing her from really understanding. I think she was perpetually in shock while collecting the data because things have changed and she just couldn't relate. She would have made a good U.S. Senator when President Clinton was being hounded about Monica Lewinsky. Yeah... That bad. Seriously. Good things about this book are 1) the author references a few pertinent national statistics, 2) the author provides step by step directions for planning your own hookups (although you have to hunt n peck for them) and 3) the author sampled data from two universities: one public, one religious. Bad things unfortunate are 1) data collection from two white schools hardly speaks for the many campuses across the nation. Clearly she ignored latino, black n asian students and she assumed social mores are consistent across white schools. I'm in sunny Cali n believe you me from her perspective things are a lot lot worse over here. Also if she cross referenced the data with the rate of teenage pregnancies or abortions or young marriages in the state, it might be more helpful. 2) the statistics cited were incomplete and misleading. She compares WWII to 1950s-1960s and then to 2000s. ie. nothing useful came out of the 70's, 80's or 90's apparently. Feminism and the divorce rate didn't influence anything. Women working, corporate downsizing and globalization meant nothing apparently. ie. Mom and Dad shopping for their own new mates that continuously change didn't influence their children's decisions. 3) she claims most students lose their virginity at age 17 (before college), but insists they are too immature to act responsibly when actually in college. Despite data showing girls apparently trying very hard to be noticed sexually via dress code and behavior and actively sleeping around by choice because they think it is fun, they enjoy playing the field and probably most importantly they don't want to get serious about relationships until much later after college because they just don't have to, she concludes that they don't know what they are doing, it's all the boys' fault because they are pigs and then restricts supporting interviews to the few catholic college students she could found that answered her leading questions correctly. ie. how many guys can a
girl hook up with from the same fraternity before they call her a slut? Apparently girls that enjoy sex are odd. Girls that play the field are odd. Girls that utilise the fraternity system with 10-30 houses on campus but restrict themselves to hitting on guys at only one house are not responsible for their decisions. Guys that date girls that don't sleep around are not worth interviewing. Guys that prefer dating to hooking up are not worth interviewing. Girls that hookup often are not worth interviewing. 4) no discussion about concerns for pregnancy or STDs. Why wouldn't you interview about that? 5) alcohol is mentioned a plenty but where are the drugs? so many references to students just going down to the bar. Are they freshman? who is providing the alcohol? why aren't they using drugs? parties without drugs? Really? 6) if the boys just want to hang out together without girls or without relationships, she feels they are evil instead of suggesting the girls mature to the point where they can do the same. Apparently males exist solely to become Ken dolls. If girls hate playing sports, video games or downloading porn that much, they could go shopping together or watch tv but no. There is no discussion about free time activities and only catholic girls that discuss getting married endlessly are worth interviewing. Do women still attend college to drop out and make babies? Really? 7) college students communicate in numerous ways: chat, email, phone text, cell, social networking sites, through friends or face to face, yet no focus on that at all. If half of the dating ritual revolves around communication, aren't these valid methods? 8) no mention of the numerous non face to face conversations that must occur before students strange to each other actually meet. what about girls that collect phone numbers just to brag? or girls that hand out fake numbers?In summary, the data is there but it is filtered by a grandma desperate to relate it to her parents experiences. It’s an equal playing field out there. Believe me. I’m curious if the study was underwritten by the Catholic Church. That whole ‘walk of shame’ spew regarding the morning after sex clashes dramatically with the modern reality as portrayed by Sarah Jessica Parker in Sex In The City. And you know how popular that series is with girls.

This was interesting, but the author seemed to write like more a student giving a report than a respectable author telling of their experiences and insight. The whole book was a very long and somewhat trivial - just simple numbers and lots of conversations with modern college students. It tells us that there is a modern hook-up culture and offers some proof of it with numbers, but obviously you don’t need numbers to prove what everyone in this country already knows. She offers no moral grounds, solutions or otherwise --she even says directly that there is no normative analysis of the situation. It’s a simple study that didn’t need to be put into a book.
But it appears that the author has some interesting things to say about the subject. When I was in college back in the 1970s, the Sexual and University Revolution were parking. Girls often wore so little in the way of clothing and what they did wear was often so full of holes at its peak, that they might as well have come to class naked. Naked coeds came before the "Coed Naked" t-shirt slogan.

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